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news

Live "Younger" Longer



7 Day Cleanse

Weight ... Snoring ... Acid Reflux

Hi Lorri ... Dave and I finished the 7 day Shaklee cleanse on Thursday and loved it! I was able to get on the Shaklee facebook site; it was so helpful reading about the recipes as well as tips on how to overcome issues. I lost 5.5 pounds and Dave lost 7.5 pounds and he stopped snoring and had no acid reflux! We are continuing on with lots of fruits and veggies in our diet.

Christa



I'm convinced that this cleanse "jump starts" your **metabolism**.

It's the first program where the weight came off and stayed off with a healthy eating follow-up plan. I've done many "cleanses" and my experience is once the cleanse is over the weight comes back almost instantly, no matter how hard I tried to keep the weight off!

Want to lose more weight? Go on the cleanse first, and then dive into the Shaklee 180 weight loss plan. You'll lose weight PLUS, like Dave and Christa, you just might improve your health in all kinds of ways! Lorri

Elisabeth Loves "Shaklee 180"

I have learned so much in the last ten years! But the most important thing I have learned is self worth. If you don't take care of yourself you can't take care of those around you. Ten years ago I made a decision that changed my entire life!

I decided to take control of my weight, my health and my life! I did a complete 180 and since then I have been able to help others do the same. A huge thank you to everyone who has encouraged me to be my best!

Elisabeth Johnson



The doctor of the future will no longer treat the human frame with drugs, but rather will cure and prevent disease with

NUTRITION.

Thomas Edison



Drugs vs Natural Supplements?

“Pharmaceutical drugs *mask* symptoms—they don’t get to the *root* cause of the medical problem. In acute situations, they can save your life. And yes, sometimes they are helpful and necessary. But when an entire population has been led to believe that finding and taking the right drug for every ill is the Holy Grail of healthcare, we have a problem—especially since most health conditions respond so beautifully to holistic treatments.

In absolute stark contrast (to drugs), there were no deaths from vitamin, mineral, or other herbal or nutritional supplements in 2010.”

Posted by Christine Northrup, MD



Healthy Options are Changing Lives

At 73 years of age I was suffering from severe **arthritis pain** penetrating my joints, flesh and bones on my left arm all day and night. I was in agonizing pain; I combined a treatment of essential oils, pain medicine, turmeric capsules and it would only help alleviate the pain for 2 hours. I also had my doctor give me 6 shots every 3 months to reduce the pain. With the shots I was pain free for only 3-4 days, however, the side effects from the shots were severe painful twitches on my left arm. I had pain from the elbow to my shoulder and neck; I could not lift my left arm or move it. In addition I had headaches and experienced pain on both arms and legs. If I had to drive and travel on the road for 2 hours or more I had swollen feet and hands. After taking Shaklee Vitalizer Gold and Vital Mag for 2 weeks all pain, twitches are completely gone. No more swelling of my feet and arms, no more pain. I am telling everyone about Shaklee vitamins because I have tried every name brand vitamins in the health food stores and nothing compares to Shaklee. It's the real deal, I am pain free thanks to Shaklee vitamins!
C. Alvarez

I had spine surgery in July and then I experienced **anxiety and panic attacks** in August to the point I couldn't get out of bed. My dad called his friend, Patty, and had her send me some of Shaklee's vitamins: their B-Complex, Vita D3, OptiFlora probiotic and their multivitamin, Vita Lea.

After a week of being on these products, I felt well enough to get out of bed and get a job. I didn't know vitamins were sooooo important. I am also very careful now of what I put in my body.
Kurt S., MN

I just wanted to express how much I love my daughter being on her Shaklee multi-vitamin, Vita Lea! The difference in her **“pre-teen” attitude** is like night and day. I can tell almost immediately when she skips out the door to school without them. Also, after adding a “B-Complex” with her afternoon snack, the pre-teens just aren't that bad anymore.

Her grades are up and her attitude is down, and we do not spend near as much time locking horns over silly stuff. Thank you ever so much for being there and helping out a single dad.
K. Sabo, St. George Utah

Contact:

Love this “BODY WASH”

Shaklee's “Hand Wash” makes a great all over Body Wash! Use in the tub or shower.

Enjoy this mild, super sudsy, moisturizing, great smelling and economical product!

Inflammation Fighter



Discover the Power of Boswellia

Boswellia has been safely used for thousands of years to treat a wide range of conditions caused by inflammation. New studies show that Boswellia extracts achieve the benefits of non-steroidal anti-inflammatory drugs (NSAIDs) in fighting inflammation without the damaging side effects. Boswellia extracts also are showing promise in reducing the risk of arthritis,

cancer, inflammatory bowel diseases, cardiovascular disorders, and neurodegeneration. Experience the power of Boswellia with Shaklee's Advanced Joint Health Complex which provides a natural relief for joint discomfort.

"I totally credit Advanced Joint Health Complex for reducing inflammation and keeping my joints healthy. So many of my non-Shaklee consuming friends (usually younger) are bothered by bad knees and mine are fine. The Shaklee Difference is the main difference."
Marathoner, Mark

JOINT COMFORT IN AS FEW AS FIVE DAYS!

	Advanced Joint Health Complex	Osteo Bi-Flex MSM Formula for Joint Health
100% Shellfish free	✓	✗
100% Vegetarian	✓	✗
100% Chondroitin free for better glucosamine absorption**	✓	✗
Only two caplets per day	✓	✓
Gluten free	✓	✓

** Chondroitin sulfate is not well absorbed when taken orally. Research indicates that chondroitin sulfate can negatively influence the absorption of glucosamine, which is typically well absorbed.

Note: For those in need of larger amounts of Boswellia, check out Shaklee's Pain Relief Complex.

Shaklee Mascara



Shaklee's "Lash Revitalizing and Conditioning Mascara" is both a Mascara and Lash Treatment in one. Not only does it have the cosmetic benefits of mascara, it also has the treatment benefits of a lash serum. Designed to strengthen and help lashes look fuller, longer, and stronger! We "guarantee" you will love it!



DO YOU LOOK
as young as you feel?

The key to beautiful, younger-looking skin is cell "renewal" and cellular "hydration"

SKIN CELL "RENEWAL" PRODUCT:

Youth Activating Serum

The "must-have" product to rejuvenate skin

SKIN CELL "HYDRATION" PRODUCT:

Youth Moisture Activating Serum

Drench your skin with intense hydration with this "Moisture Magnet" Product Moisture Activating Serum is clinically proven to deliver 212% increase in skin hydration with one application.



Is Your Home a Toxic Brew?

Concerned mother of four discovers how Clorox Wipes and other household chemicals were affecting her children's minds, lungs, skin

With my first baby, I gave cleaning products a great deal of thought and made as many as I could using earth friendly ingredients and recipes.

With my second baby, I needed convenience, so I tried some of the green cleaners found at health food stores. This was expensive, so at times I just used the chemicals that choke you in the cleaning aisles of grocery stores.

After my third baby, I needed maximum convenience and minimum price. So I started to use Clorox wipes, among other things

A friend of mine suggested I watch Toxic Brew, a news segment produced by a Canadian news station. After watching this, I realized I was doing more harm than good.

I heard of the work of Dr. Doris Rapp, who researches the effects of harmful chemicals on children's health. In one of her studies, she tested the effects of bleach on six-year-olds' hand-writing. Before a bottle of bleach was opened, students wrote their names fairly well. Then, with just an opened bottle of bleach in the room and the fumes wafting through the air, the children wrote their names messy, some too small to read, and one even wrote backwards.

I determined to do the same test at home.

I didn't tell my kids what I was doing. I only told them to write as neatly as they could. Then, I told them to hold up their papers while I wiped the table off with a Clorox wipe. As soon as it was dry enough, I had them put their papers down and write their names again. I was shocked! My daughter's writing was visibly messier; my son was completely distracted by something while

he was writing his name! This is uncharacteristic of him. He has no attention difficulties.

I could clearly see that the chemicals were affecting both writing ability and focus.

My children are home schooled and we do chores every morning before school starts. Were my cleaning chemicals affecting them in other ways? I promised myself from that time on that I would not subject my children's minds to danger again, not to mention their lungs and skin.

I LOVE "Get Clean" and I want to spread the word so that every mom can give her children the priceless gift of a toxin-free home.
Amy K



Check Out the Many Benefits of Get Clean:
<https://youtu.be/V0IzGMx8N0E>

This represents but a "handful" of products there are hundreds more that pose a real danger to our families!

LET'S GET RID OF THE "TOXIC BREW"

